

SIZE CHART



SINGLET SIZES

BASED OFF FEEDBACK FROM COACHES AND PARENTS

YOUTH SIZES

UNDER 40: YOUTH XXX-SMALL
40-47: YOUTH XX-SMALL
47-53: YOUTH X-SMALL
53-60: YOUTH SMALL
60-70: YOUTH MEDIUM
70-80: YOUTH LARGE
80-90: YOUTH X-LARGE
90-105: ADULT X-SMALL
105-125: ADULT SMALL
125-140: ADULT MEDIUM

NATIONAL HS WEIGHTS

100: ADULT X-SMALL
106: ADULT X-SMALL/ADULT SMALL
113: ADULT SMALL
120: ADULT SMALL
126: ADULT SMALL
132: ADULT SMALL/ADULT MEDIUM
138: ADULT MEDIUM
145: ADULT MEDIUM
152: ADULT MEDIUM
160: ADULT MEDIUM/ADULT LARGE
170: ADULT LARGE
182: ADULT LARGE
195: ADULT LARGE/ADULT X-LARGE
220: ADULT X-LARGE
HVY: ADULT XX-LARGE/XXX-LARGE

OHIO HS WEIGHTS

106: ADULT X-SMALL/ADULT SMALL
113: ADULT SMALL
120: ADULT SMALL
126: ADULT SMALL
132: ADULT SMALL/ADULT MEDIUM
138: ADULT MEDIUM
144: ADULT MEDIUM
150: ADULT MEDIUM
157: ADULT MEDIUM
165: ADULT MEDIUM/ADULT LARGE
175: ADULT LARGE
190: ADULT LARGE/ADULT X-LARGE
215: ADULT X-LARGE
HVY: ADULT XX-LARGE/XXX-LARGE

*TWO SIZES LISTED DEPENDING ON CHILDS BODY-TYPE.

THESE ARE ESTIMATED SIZES. IF YOU ARE BETWEEN TWO SIZES, CONSIDER THE FIT YOU WANT.
MAJORITY OF WRESTLERS WOULD RATHER SIZE DOWN.

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